



## Respect Yourself

**We are committed to safeguarding and promoting the welfare of all children.**

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## **1. PURPOSE**

- 1.1 The purpose of Respect Yourself's safeguarding policy is to ensure every child at our organisation is safe and protected from harm. This means we will always work to:
- Protect children from maltreatment
  - Prevent impairment of children's health or development
  - Ensure that children are growing up in circumstances consistent with the provision of safe and effective care
  - Take action to enable all children to have the best life chances
- 1.2 This policy will give clear direction to staff, volunteers, visitors and parents about the expected behaviour and our legal responsibility to safeguard and promote the welfare of all children at our organisation.

## **2. INTRODUCTION**

- 2.1 Our organisation fully recognises the contribution it can make to protect children from harm and supporting and promoting the welfare of all children. The elements of our policy are prevention, protection and support.
- 2.2 Our policy applies to all children, volunteers, visitors and staff.
- 2.3 A child is someone under the age of 18 years old.

## **3. OUR ETHOS**

- 3.1 Our organisation will establish and maintain an ethos where our children feel secure, are encouraged to talk, are listened to and are safe. Children will be able to talk freely to any member of staff, volunteer or regular visitor to our organisation if they are worried or concerned about something.
- 3.2 All staff, volunteers and regular visitors will, either through training or induction, know how to recognise a disclosure from a child and will know how to manage this. We will not make promises to any child and we will not keep secrets. Every child will know what the adult will do with whatever they have been told.
- 3.3 We will provide activities and opportunities that will equip our children with the skills they need to stay safe.
- 3.4 At all times we will work in partnership and try to establish effective working relationships with parents, carers and colleagues from other agencies and organisations.

## 4. GENERAL PROCEDURES

- 4.1 When new staff, volunteers or regular visitors join our organisation they will be informed of the safeguarding arrangements in place. They will be given a copy of our organisation's safeguarding policy and told who our Designated Child Protection Officer for Safeguarding is. They will also be shown the recording format, given information on how to complete it and who to pass it to.
- 4.2 Every new member of staff or volunteer will have an induction period that will include essential safeguarding information. This programme will include basic safeguarding training through the Safer Programme relating to signs and symptoms of abuse, how to manage a disclosure from a child, how to record and issues of confidentiality. The induction will also remind staff and volunteers of their responsibility to safeguard all children and the remit of the role of the Designated Child Protection Officer.
- 4.3 All staff and volunteers will be asked to read this policy yearly after it has been reviewed and updated if necessary. They will sign to say they have read and understood the policy.
- 4.4 We will display the reporting and referral flowchart when our organisation is operating.
- 4.5 All regular visitors and volunteers to our organisation will be told where our policy is kept, they will be given a set of safeguarding procedures, they will be told who our Designated Child Protection Officer and alternate staff members are and what the recording and reporting system is.
- 4.6 All parents and carers will be asked to sign a distribution list confirming they have seen and read our safeguarding policy. Parents and carers will be informed of our legal duty to assist our colleagues in other agencies with child protection enquiries and what happens should we have cause to make a referral to Children's Services.
- 4.7 Parents will sign a consent form at the start of their child's involvement with the organisation, which includes any vital health or otherwise notable information. It also requests permission for photographs to be taken for promotional purposes only.

## 5. TRAINING

- 5.1 Every member of staff will undertake appropriate safeguarding training through the NSCB Safer Programme every three years.
- 5.2 We actively encourage all of our staff to keep up to date with the most recent local and national safeguarding advice and guidance. This can be accessed via [www.norfolkscb.org](http://www.norfolkscb.org)
- 5.3 The Designated Officer should be used as a first point of contact for concerns and queries regarding any safeguarding concern in our organisation.

## 6. SAFER STAFF AND VOLUNTEERS

- 6.1 All adults who come into contact with our children have a duty of care to safeguard and promote their welfare. There is a legal duty placed upon us to ensure that all adults who work with or on behalf of our children are competent, confident and safe to do so.
- 6.2 We ensure we adhere to the principles of safer recruitment as per our policy and also the guidance from Norfolk Safeguarding Children Board.
- 6.3 We ensure that we:
- Carefully consider the job description and person specification
  - Circulate all vacancies widely
  - Prepare an information pack
  - Ask for a written application form
  - Define our selection criteria
  - Ask for a written declaration with regards to criminal convictions, spent or otherwise
  - Ask for identification
  - Ask for originals of any qualifications
  - Conduct interviews with at least two people present
  - Ask for at least two references, including the last employer
  - Gain enhanced DBS checks where current Government guidance requires us to
  - Organise a comprehensive induction period which includes familiarisation with our safeguarding policies, procedures and safeguarding training through the Safer Programme.
- 6.4 Our aim is to provide a safe and supportive environment which secures the wellbeing and very best outcomes for our children. We do recognise that sometimes the behaviour of adults may lead to an allegation of abuse being made.
- 6.5 Allegations sometimes arise from a differing understanding of the same event, but when they occur they are distressing and difficult for all concerned. We also recognise that many allegations are genuine and there are some adults who deliberately seek to harm or abuse children.
- 6.6 We will take all possible steps to safeguard our children and to ensure that the adults in our organisation are safe to work with our children. We will always ensure that the Norfolk Safeguarding Children Board's procedures are followed.
- 6.7 All adults who come into contact with children will be made aware of the steps that will be taken if an allegation is made. We will seek appropriate advice from the Local Authority Designated Officer (LADO) within 24 hours of a concern or allegation being made. The LADO can be contacted on 01603 223473. We then follow up these concerns in writing within a further 24 hours.
- 6.8 Staff will not investigate these matters. We will seek and work with the advice that is provided. Should an allegation be made against the Designated Child Protection Officer or Deputy, this will be reported by the staff member or volunteer raising the concern directly to LADO.
- 6.9 There are sensible steps that every adult should take in their daily professional conduct with children. This can be found in the NSCB *Safer Programme Safer Working Practice* – this guidance is on the NSCB website and also in the other Respect Yourself policy documents.

## **7. RECORDS AND CONFIDENTIALITY**

- 7.1 If we are concerned about the welfare or safety of any child in our organisation we will record our concerns immediately on the agreed report form and give this to the Designated Child Protection Officer.
- 7.2 Any information recorded will be kept in a separate named file, in a secure cabinet and not with the child's file. These files will be the responsibility of the Designated Child Protection Officer and information will only be shared within the organisation on a need to know basis for the protection of the child.
- 7.3 Any safeguarding information will be kept in the file and will be added to. Copies of referrals will be stored in the file.
- 7.4 All information is confidential, however if there is a safeguarding or child protection concern about a child, then information can be shared with other agencies, namely the Police or Children's Services.
- 7.5 Reports of a concern to the Designated Child Protection Officer must be made in writing and signed and dated by the person with the concern.

## **8. ROLES AND RESPONSIBILITIES**

- 8.1 Our Designated Child Protection Officer will liaise with Children's Services and other agencies where necessary, and make referrals to Children's Services using the procedure below.
- 8.2 Any concern for a child's safety or welfare will be recorded in writing and given to the Designated Child Protection Officer who will be responsible for ensuring that all staff members and volunteers are aware of our policy and the procedure they need to follow.
- 8.3 The Designated Child Protection Officer will ensure that all staff, volunteers and regular/repeat visitors have received appropriate child protection information during induction and have been trained by the Safer Programme.
- 8.4 The Designated Child Protection Officer will ensure that our safeguarding policy is in place and is reviewed annually. The content of our policy has been written following consultation with the Safer Programme.
- 8.5 At all times the Designated Child Protection Officer will ensure that safer recruitment practices are followed.
- 8.6 Our organisation undertakes to remedy without delay any weakness in regard to our safeguarding arrangements that are brought to their attention.

## 9. PROCEDURES FOR HANDLING DISCLOSURES

- 9.1 A child may decide to disclose information that may indicate they are suffering from abuse or neglect. A child chooses to speak to an adult because they feel that they will listen and that they can trust them. The adult needs to listen to what the child has to say, and be very careful not to 'lead' the child or influence in any way in what they say.
- 9.2 It is important that the adult remembers to:
- Stay calm
  - Listen and be supportive
  - Not ask any leading questions, interrogate the child, or put ideas in the child's head, or jump to conclusions
  - Not stop or interrupt a child who is recalling significant events
  - Never promise the child confidentiality – it must be explained that information will need to be passed on to help keep them safe
  - Avoid criticising the alleged perpetrator
  - Tell the child what must be done next (the safeguarding process must be followed)
  - Record what was said immediately as close to what was said as possible. Also record what was happening immediately before the child disclosed. Be sure to sign and date the record in ink.
  - Contact the designated person immediately
  - Seek support
- 9.3 We are clear that the Local Authority and Police must lead any investigation in to any allegation regarding safeguarding.
- 9.4 Child protection and safeguarding referrals should be made to the Multi Agency Safeguarding Hub and followed up in writing, preferably on an NSCB1 within 24 hours.

Telephone 0344 800 8020. Ask for the MASH.

Referral forms sent to:

- Email: [mash@norfolk.gcsx.gov.uk](mailto:mash@norfolk.gcsx.gov.uk)
- Fax: 01603 762445
- Post: The MASH Team Manager, Floor 5, Vantage House, Fisher's Lane, Norwich NR2 1ET

For specialist Police advice you can contact the Duty Detective Sergeant within the MASH.

- Email: [MASHSupervisors@norfolk.pnn.police.uk](mailto:MASHSupervisors@norfolk.pnn.police.uk)
- Call: Direct dial 01603 27(6151)

- 9.5 If we are unsure of whether to make a referral we can request a professional consultations via the MASH on 0344 800 8020. This can be anonymous on the part of the child or family to establish the level of concern and any action advised from the MASH.
- 9.6 Any concern, referral or consultation with the MASH or Police must take place immediately, it is important we do not delay.

## 10. WHAT IS ABUSE AND NEGLECT?

10.1 Abuse and neglect are forms of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults, or another child or children.

### Physical abuse

Physical abuse may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating, or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

### Emotional abuse

Emotional abuse is the persistent emotional maltreatment of a child such as to cause severe and persistent adverse effects on the child's emotional development. It may involve conveying to children that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond the child's developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill-treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

### Sexual abuse

Sexual abuse involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet).

Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

### Neglect

Neglect is the persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development.

Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, neglect may involve a parent or carer failing to:

- provide adequate food, clothing and shelter (including exclusion from home or abandonment);
- protect a child from physical and emotional harm or danger;
- ensure adequate supervision (including the use of inadequate care-givers); or
- ensure access to appropriate medical care or treatment.

It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

### Safeguarding and promoting the welfare of children

Safeguarding and promoting the welfare of children are defined for the purposes of this guidance as:

- protecting children from maltreatment;
- preventing impairment of children's health or development;
- ensuring that children are growing up in circumstances consistent with the provision of safe and effective care; and
- taking action to enable all children to have the best life chances.

### Child protection

Child protection is part of safeguarding and promoting welfare. This refers to the activity that is undertaken to protect specific children who are suffering, or are likely to suffer, significant harm.

### Relevant Guidance and Legislation

- Working Together 2015
- What to do if You're Worried a Child is Being Abused? 2015
- Children Act 2004
- Children Act 1989
- Framework for the Assessment of Children in Need and their Families



## 11. OTHER RELEVANT POLICIES

11.1 To underpin the values and ethos of our organisation and our intent to ensure our children are appropriately safeguarded the following policies are also included under our safeguarding umbrella:

- Safer Recruitment
- Bullying
- Safer Working Practice
- Code of Conduct
- Confidentiality
- Health and Safety
- Whistle Blowing
- Complaints
- First aid

## 12. NAMED DESIGNATED CHILD PROTECTION OFFICER

12.1 For year \_\_\_\_2017\_\_\_\_\_ the following designated staff are in post;

DESIGNATED OFFICER – Richard Burke

DEPUTY DESIGNATED OFFICER – Roberta Dowling

## 13. POLICY REVIEW

13.1 We will always make any changes immediately to our procedures in line with Norfolk Safeguarding Children Board's guidance on [www.norfolkscb.org](http://www.norfolkscb.org)

13.2 This policy will be reviewed on \_\_\_15<sup>th</sup> February 2018\_\_\_\_\_.

## 14. NORFOLK USEFUL CONTACTS

Children's Services 24 hours	0344 800 8020
Norfolk Police	101
In an emergency	999
Local Authority Designated Officers (LADO) Team	01603 223473
There is always someone available during normal working hours	
Norfolk Safeguarding Children Board (NSCB)	<a href="http://www.norfolkscb.org">www.norfolkscb.org</a>
Safer Programme	01603 228966